

# January 2026 Menu



Breakfast every day offers the choice of 3 different cold cereals. All grains offered at breakfast and lunch are whole grain rich. A variety of low fat and fat free milks are offered with breakfast and lunch. The Garden bar is offered to K-12 Students daily. Which includes a variety of fresh vegetables and fruit for the students to choose from.

Monday	Tuesday	Wednesday	Thursday	Friday
1% White or flavored milk served daily  This institution is an equal opportunity provider			1 <b>No School</b>	2 <b>No School</b>
5 <b>No School</b>	6 Cherry & Blueberry Turnover  Chicken Fajitas Spanish Rice Black Beans Fruit	7 Egg, Hashbrowns, & Bacon  Goulash Carrots Fruit Garlic Bread	8 Pancakes & Sausage  Cheese Stuffed Breadsticks w/ Marinara Sauce Green Beans Fruit	9 Chocolate Chip Muffins  Chicken Legs Mashed Potatoes & Gravy Corn Fruit Roll
12 Pancake on a Stick  Pig in a Blanket Potato Wedges Fruit	13 Biscuits & Gravy  Taco Burger Refried Beans Fruit	14 Danish  Ham & Au Gratin Potatoes Carrots Fruit Roll	15 Omelet  Chicken Wrap Green Beans Fruit	16 Fruit & Yogurt Parfait  Pepperoni Pizza Broccoli Fruit
19 Breakfast Pizza  Chicken Nuggets Baked Beans Fruit Roll	20 Dutch Waffle  BBQ Meatballs Mac & Cheese Mixed Vegetables Fruit Roll	21 Eggs, Sausage Links, & Biscuits  Philly Cheese Steak Fries Fruit	22 Cini-minis  Teriyaki Chicken Fried Rice Egg Roll Fruit	23 Oatmeal  Ranchero Pizza Corn Fruit
26 French Toast Sticks & Sausage  Popcorn Chicken Peas Fruit Roll	27 Frudel  Beef Nachos Black Beans & Corn Salsa Fruit Churros	28 Biscuits & Gravy  Cucumber & Tomato Salad Fruit Garlic Breadsticks	29 Strawberry & Banana Smoothie  Chicken Fried Steak Mashed Potatoes & Gravy Corn Fruit Roll	30 Chocolate Chip Waffles  Boneless Wings Carrots & Celery Sticks Fruit Texas Toast

Maywood Public Schools is an equal opportunity provider. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.